

I. Body Acceptance (A Rejected Body Is a Sick Body)

- Summary: We live in a day where body acceptance is in the forefront of our attitude toward one another. But even Christians hate and reject their body. And a rejected body is a sick body.
- Twitter Feed:
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1. Life Is More than a spiritual experience

And **the Word became flesh**, and dwelt among us, and we saw His glory, glory as of the only begotten from the Father, full of grace and truth. - John 1:14 NASU

Then Jesus spoke to the crowds and to His disciples, saying: "The scribes and the Pharisees have seated themselves in the chair of Moses; therefore **all that they tell you, do and observe, but do not do according to their deeds; for they say things and do not do them.**" - Matthew 23:1-3 NASU

While Jesus was saying these things, one of the women in the crowd raised her voice and said to Him, "Blessed is the womb that bore You and the breasts at which You nursed." But He said, "**On the contrary, blessed are those who hear the word of God and observe it.**" - Luke 11:27-28 NASU

- i. Do you believe that the Word of God can still become flesh?
- ii. Is the Word of God a theory or grace and truth?
- iii. Can the Word of God be acted upon?
- iv. Hearer only?

2. Glorify God in Your Body

Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body. Or **do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore glorify God in your body.** -1 Corinthians 6:18-20 NASU

3. Your soul may belong to God but your *** belongs to me.

But Michael the archangel, when he disputed with the devil and argued about the body of Moses, did not dare pronounce against him a railing judgment, but said, "The Lord rebuke you!" - Jude 9 NASU

Then the Lord said to him, "This is the land which I swore to Abraham, Isaac, and Jacob, saying, 'I will give It to your descendants'; I have let you see it with your eyes, but you shall not go over there." **So Moses the servant of the Lord died there in the land of Moab, according to the word of the Lord. And He buried him in the valley in the land of Moab, opposite Beth-peor; but no man knows his burial place to this day.** Although Moses was

one hundred and twenty years old when he died, his eye was not dim, nor his vigor abated. - Deuteronomy 34:4-7 NASU

4. **Our Bodies Are Clean**

Therefore, brethren, since we have confidence to enter the holy place by the blood of Jesus, by a new and living way which He inaugurated for us through the veil, that is, His flesh, and since we have a great priest over the house of God, let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled clean from an evil conscience and **our bodies washed with pure water**. - Hebrews 10:19-22 NASU

"Woe to you, scribes and Pharisees, hypocrites! For you clean the outside of the cup and of the dish, but inside they are full of robbery and self-indulgence. "You blind Pharisee, **first clean the inside of the cup and of the dish, so that the outside of it may become clean** also. - Matthew 23:25-26 NASU

Then He poured water into the basin, and began to wash the disciples' feet and to wipe them with the towel with which He was girded. So He came to Simon Peter. He said to Him, "Lord, do You wash my feet?" Jesus answered and said to him, "What I do you do not realize now, but you will understand hereafter." Peter said to Him, "Never shall You wash my feet!" Jesus answered him, "If I do not wash you, you have no part with Me." Simon Peter said to Him, "Lord, **then wash not only my feet, but also my hands and my head.**" Jesus said to him, "**He who has bathed needs only to wash his feet, but is completely clean; and you are clean, but not all of you.**" For He knew the one who was betraying Him; for this reason He said, "Not all of you are clean." - John 13:5-11 NASU

5. **Your Body Is Perishable But Holy As Well**

Therefore I urge you, brethren, by the mercies of God, to **present your bodies a living and holy sacrifice, acceptable to God**, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. - Romans 12:1-2 NASU

The woman who is unmarried, and the virgin, is concerned about the things of the Lord, that **she may be holy both in body and spirit**; but one who is married is concerned about the things of the world, how she may please her husband. - 1 Corinthians 7:34 NASU

Holy Matrimony

So also is the resurrection of the dead. It is sown a **perishable body**, it is raised an imperishable body; - 1 Corinthians 15:42-43 NASU

6. **Treating the body with disdain**

- It's not your body that is making you sin
- Asceticism
 - Renunciation of material possessions and physical pleasures
 - Physical crucifying

- Whippings
- Paying for one's own sin
- Removal of desire because desire is sin and causes temptation
- Think it is their body that sins and not a choice

When He had disarmed the rulers and authorities, He made a public display of them, having triumphed over them through Him. Therefore **no one is to act as your judge in regard to food or drink or in respect to a festival or a new moon or a Sabbath day** — things which are a mere shadow of what is to come; but the substance belongs to Christ. **Let no one keep defrauding you of your prize by delighting in self-abasement and the worship of the angels, taking his stand on visions he has seen, inflated without cause by his fleshly mind**, and not holding fast to the head, from whom the entire body, being supplied and held together by the joints and ligaments, grows with a growth which is from God. **If you have died with Christ to the elementary principles of the world**, why, as if you were living in the world, do you submit yourself to decrees, such as, "**Do not handle, do not taste, do not touch!**" (which all refer to things destined to perish with use) — **in accordance with the commandments and teachings of men?** These are matters which have, to be sure, **the appearance of wisdom in self-made religion and self-abasement and severe treatment of the body, but are of no value against fleshly indulgence.** - Colossians 2:15-23 NASU

- Crucify the flesh (Galatians 5:24)
- Buffet the body (1 Corinthians 9:27)
- Fasting (Matthew 6:16-18)
- Contentment (Philippians 4:11-12)
- Self-denial (Matthew 16:24)

7. Is Our Body Weak or Evil?

And He came to the disciples and found them sleeping, and said to Peter, "So, you men could not keep watch with Me for one hour? "Keep watching and praying that you may not enter into temptation; the spirit is willing, **but the flesh is weak.**" - Matthew 26:40-41 NASU

Therefore **consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry.** For it is because of these things that the wrath of God will come upon the sons of disobedience, and in them you also once walked, when you were living in them. - Colossians 3:5-7 NASU

But thanks be to God that though you were slaves of sin, you became obedient from the heart to that form of teaching to which you were committed, and having been freed from sin, you became slaves of righteousness. I am speaking in human terms because of the weakness of your flesh. For just as you presented your members as slaves to impurity and to lawlessness, resulting in further lawlessness, **so now present your members as slaves to righteousness, resulting in sanctification.** - Romans 6:17-19 NASU

8. Ashamed Of Your Body

For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh. **And the man and his wife were both naked and were not ashamed.** - Genesis 2:24-25 NASU

Just as there were many who were appalled at him — his appearance was so disfigured beyond that of any man and his form marred beyond human likeness — Isaiah 52:14 NIV

I gave My back to those who strike Me, And My cheeks to those who pluck out the beard; I did not cover My face from humiliation and spitting. For the Lord God helps Me, Therefore, I am not disgraced; Therefore, I have set My face like flint, And I know that I will not be ashamed. - Isaiah 50:6-7 NASU